

Ski Length Chart

Below are some basic recommendations for skis and bindings. Note that every athlete is different in size, strength, and ability which greatly impacts what is ideal for each athlete. Equipment is ultimately the responsibility of the parent to select but we are happy to help you navigate. Pierce Skate & Ski is also a great resource when looking for new equipment.

U8 Ages 6-7			
Weight	Ski Model	Size	Binding Model
40-49lbs	Jr. Race	100cm	Din up to 4
50-59lbs		110cm	
60-69lbs		120cm	Din up to 7
70-79lbs		130cm	

U10 Ages 8-9			
Weight	Ski Model	Size	Binding Model
50-59lbs	Jr. Race.	110cm	Din up to 7
60-69lbs		120cm	
70-79lbs		130cm	
80-89lbs		140cm	

U12 Ages 10-11						
Weight	SL Ski Model	Size	Binding Model	GS Ski Model	Size	Binding Din
60-69lbs	Jr. Slalom	125cm	Din up to 9	Jr. GS	135cm	Din up to 9
70-79lbs					144cm	
80-89lbs		151cm				
90-99lbs		132cm			158cm	Din up to 11
100-109lbs					139cm	
110-119lbs	146cm	Din up to 11	165cm			

U14 Ages 12-13 (USSA Radius Rules Apply)					
Weight	SL Ski Model	Size	GS Ski Model	Size	Binding Din
60-69lbs	Jr. Slalom	125cm	Jr. GS	130cm	Din up to 9
70-79lbs				135cm	
80-89lbs		144cm			
90-99lbs		139cm		151cm	Din up to 11
100-109lbs				158cm	
110-119lbs		146cm		165cm	
120-129lbs	150cm	Jr. GS	170cm	Din up to 13	
130-139lbs			Jr. GS	170cm	

Important Note: Please view USSA rules to ensure you are purchasing the correct radius ski. This is required for any USSA race. There are not WJR rules on radius. USSA full rules can be found here:
<http://alpine.ussteam.com/alpine-programs/athletes/rules>

U16 Ages 14-15 (USSA Radius Rules Apply)					
Weight	SL Ski Model	Size	GS Ski Model	Size	Binding Model
80-89lbs	Jr. Slalom	146cm	Jr. GS	158cm	Din up to 11
90-99lbs				165cm	
100-109lbs	Jr. Slalom	150cm	Jr. GS	170cm	Din up to 13
110-119lbs					
120-129lbs					
130-139lbs	Adult Slalom	155cm	Adult GS	175cm	Din up to 13
140-149lbs				182cm	
150-159lbs				182cm	

U19+ Women (USSA Radius Rules Apply)										
High School/USSA Recommendations -WOMEN-						FIS Recommendations -WOMEN-				
Weight	SL Ski Model	Size	GS Ski Model	Size	Binding Model	SL Ski Model	Size	GS Ski Model	Size	Binding Model
100-109lbs	Adult SL	150cm	Adult GS	175cm	Din up to 13	Adult SL	155cm min.	Adult GS		Din up to 16
110-119lbs				182cm					FIS Rules	
120-129lbs		155cm		183cm	FIS Rules					
130-139lbs										
140-149lbs										
150-159+lbs										

U19+ Men (USSA Radius Rules Apply)										
High School/USSA Recommendations -MEN-						FIS Recommendations -MEN-				
Weight	SL Ski Model	Size	GS Ski Model	Size	Binding Model	SL Ski Model	Size	GS Ski Model	Size	Binding Model
110-119lbs	Adult SL	155cm	Adult GS	182cm	Din to 16	Adult SL	165cm	Adult GS		Din 16-18
120-129lbs				183cm					FIS Rules	
130-139lbs		165cm		188cm	FIS Rules					
140-149lbs										
150-159lbs				190cm						
160-169lbs										
170-179lbs										
180-189lbs										
199-199+lbs										